



APRIL 2018

Spinach & Artichoke Pizza

This from-scratch pizza is a perfect dinner alternative to a traditional pizza! It has a whole wheat, beer-flavored crust and that gooey, cheesy goodness you just can't quit.

Prep Time: 25 minutes | **Cook Time:** 20 minutes | **Yield:** 6 servings

Ingredients

Crust

- 1½–1¾ c. white whole wheat flour
- 1½ tsp. baking powder
- ¼ tsp. salt
- ¼ tsp. each dried basil, oregano and parsley flakes
- ¾ c. beer/nonalcoholic beer

Toppings

- 1½ tsp. olive oil
- 1 garlic clove, minced
- 2 c. shredded Italian cheese blend
- 2 c. fresh baby spinach
- 1 can (14-oz.) water-packed quartered artichoke hearts, drained and coarsely chopped
- 2 medium tomatoes, seeded and coarsely chopped
- 2 Tbsp. thinly sliced fresh basil



Directions

1. Preheat oven to 425°F. In a large bowl, whisk 1½ c. flour, baking powder, salt, and dried herbs until blended. Add beer, stirring just until moistened.
2. Turn dough onto a well-floured surface; knead gently 6–8 times, adding additional flour if needed. Press dough to fit a greased 12-in. pizza pan. Pinch edge to form a rim. Bake 8 minutes or until edge is lightly browned.
3. Mix oil and garlic; spread over crust. Sprinkle with ½ c. cheese; layer with spinach, artichoke hearts, and tomatoes. Sprinkle with remaining cheese. Bake 8–10 minutes or until crust is golden and cheese is melted. Sprinkle with fresh basil.

www.tasteofhome.com/recipes/spinach---artichoke-pizza

Outdoor Spring Cleaning Tips

Roof: Use a leaf blower and broom to remove leaves and other debris from valleys and behind chimneys. Start at the top and blow and sweep downward. Be sure to wear rubber-soled shoes and stay off steep roofs.

Gutter & Downspout: Clean and repair any leaks. Make sure gutters are securely attached, and replace any loose spikes with gutter screws.

Mold & Mildew: You can use a pressure washer to remove mildew, if you're careful not to damage softer surfaces. There are also products, such as Wet & Forget, that are formulated to remove mold and mildew on exterior surfaces.

Doors & Windows: For squeaky door hinges, apply dry lubricant to the hinge and pin. For exterior gate hinges and latches, use a wet spray lubricant. For sticky door locks, squirt powdered graphite into the lock, insert key, and work it back and forth. To keep garage doors working smoothly, lubricate the track and chain or worm drive. Use silicone spray to lubricate window tracks. To clean windows, mix vinegar with warm water and apply with newspaper.

Indoor Spring Cleaning Tips

Clothes Dryer: Remove and clean the dryer lint filter every time you dry a load of clothes. It's also important to clean the vent pipe regularly to prevent dryer fires and to allow the dryer to work efficiently.

TV & Computer Screens: Don't use window cleaner on TV, computer, and other electronic device screens. Instead, turn off and unplug the device, and use special LCD wipes or a microfiber cloth dampened with water.

Ceiling Fan Blades: A paint roller with an extension handle works great for cleaning the blades on a ceiling fan. Attach a dryer sheet to the paint roller with rubber bands, and use it to remove dust on top of the blades.

Kitchen Cabinets: To clean cabinets, stove tops, and range hoods, heat a damp sponge in the microwave for 20 seconds. Spray citrus cleaner on the cabinets, and use the hot sponge to remove grease. To clean the range hood filter, wash in warm water and dishwashing soap, or run it in the dishwasher.

Refrigerator: Keep the gasket around your refrigerator clean so it seals well, and clean under the refrigerator using a vacuum attachment made from a cardboard gift wrap tube.

Sink & Countertop: Use lemon and baking soda to clean sinks and countertops naturally. Cut a lemon in half, apply baking soda, and use the lemon as a scrubber. The baking soda acts as a mild abrasive, while the acid bleaches. You can also use lemon juice and crushed ice to clean a garbage disposal. Pour both in the disposal, turn on the water, and run the disposal.



Bath Vent Fan: Your bathroom vent fan should be cleaned regularly. Take off the fan cover and clean it with soap and water. Use a vacuum cleaner crevice attachment to remove dust in the housing. If your fan is noisy, you can easily install a replacement fan without removing the housing.

Tile Grout: To clean tile grout, combine baking soda and white vinegar into a paste. Apply the mixture to the grout lines, then go over them with a toothbrush. For light-colored grout, sprinkle oxygen bleach on the grout lines and spray lightly with water. Let this sit for a bit, then scrub the grout lines.

www.todayhomeowner.com/television/2013/03/19/spring-home-improvement-guide

**“Out of clutter, find simplicity.
From discord, find harmony. In the
middle of difficulty lies opportunity.”**

— ALBERT EINSTEIN